



Health and Safety Policy for Think F.A.S.T Academy

Policy Statement

Think F.A.S.T Academy is committed to providing a safe and healthy environment for all participants, staff, volunteers, and visitors. We recognize the importance of proactive measures in preventing accidents and ensuring safety in our community centre and boxing gym. This policy outlines our commitment to health and safety and the responsibilities of all individuals involved.

Purpose

The purpose of this policy is to:

- Ensure the health and safety of everyone at Think F.A.S.T Academy.
- Comply with all relevant health and safety legislation.
- Promote a culture of safety awareness and responsibility.

Scope

This policy applies to all staff, volunteers, participants, and visitors of Think F.A.S.T Academy.

1. Responsibilities

1.1 Management Responsibilities

- Ensure compliance with health and safety legislation.
- Conduct regular risk assessments and implement necessary safety measures.
- Provide appropriate training for staff and volunteers.
- Maintain safety equipment and facilities.
- Keep records of incidents and accidents.

1.2 Staff and Volunteer Responsibilities

Follow all health and safety policies and procedures.
Report any hazards, incidents, or accidents to management immediately.
Participate in health and safety training and initiatives.
Encourage a culture of safety among participants.

1.3 Participant Responsibilities

Follow all safety instructions provided by staff.
Use equipment and facilities safely and responsibly.
Report any unsafe conditions or incidents to staff.
Wear appropriate gear as required (e.g., gloves, headgear for boxing).

2. Risk Assessment

Conduct regular risk assessments of the facilities, equipment, and activities.
Identify potential hazards and implement control measures to mitigate risks.
Review and update risk assessments annually or as needed.

3. Emergency Procedures

Establish and communicate emergency procedures, including evacuation routes and assembly points.
Conduct regular fire drills and emergency training.
Ensure first aid kits are readily available and stocked.
Designate staff trained in first aid and emergency response.

4. Equipment Safety

Ensure all equipment is regularly inspected and maintained.
Provide training on the proper use of equipment.
Remove any damaged or unsafe equipment from use immediately.

5. Health and Hygiene

Promote good hygiene practices among participants and staff.
Ensure facilities are clean and well-maintained.
Provide access to handwashing facilities and sanitizing products.
Follow guidelines for managing illnesses and contagious conditions.

6. Training and Communication

Provide regular health and safety training for staff and volunteers.
Communicate health and safety policies to all participants.
Foster an open environment where safety concerns can be discussed.

7. Incident Reporting

Establish a clear process for reporting and investigating incidents and accidents.
Document all incidents and follow up with corrective actions.

Review incident reports regularly to improve safety practices.

8. Review and Monitoring

Regularly review and update this health and safety policy to ensure its effectiveness.

Monitor compliance with health and safety practices.

Solicit feedback from staff, volunteers, and participants to improve safety.

Conclusion

Think F.A.S.T Academy is dedicated to creating a safe and healthy environment for all. By adhering to this health and safety policy, we can ensure a positive experience for everyone involved in our community centre and boxing gym.

Policy Approval

This policy has been approved by Martin Murray, Director of TFA on 06/03/2025